

Official Box Score
Lift for Life vs MICDS
Game Totals - - Final Statistics
March 19, 2026 at Mizzou Arena - Columbia, MO

Lift for Life 60

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
02	HARRIS, ZHA'VIARA	*	16	6-18	0-5	4-7	2	3	5	4	3	3	1	6	24	23
03	POLK, DIAMOND	*	13	5-13	2-10	1-2	0	3	3	2	0	1	2	0	26	18
05	HARDIEWAY, CHASE	*	2	1-7	0-6	0-0	1	4	5	1	0	2	0	0	29	25
21	BELL, KHYLA	*	11	3-6	0-0	5-7	7	6	13	1	2	2	3	1	24	15
24	LENOX, RIAN	*	13	4-7	0-0	5-6	4	7	11	2	0	2	0	1	25	16
12	LAMPKINS, RYLEIGH		2	1-2	0-0	0-0	1	1	2	2	1	0	1	2	12	5
13	WHITTED, ANIYAH		0	0-0	0-0	0-0	0	0	0	0	0	1	0	0	1	-4
22	ARCHIE, ZOEY		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	3	0
23	WILLIAMS, SKYLA		3	1-3	0-0	1-2	0	2	2	2	1	1	0	0	13	5
30	POE, AMIRAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	1	-4
40	SYKES, SYRAH		0	0-0	0-0	0-0	0	0	0	1	0	0	0	0	1	-4
	TEAM		0				2	0	2	0		0				
TOTALS			60	21-56	2-21	16-24	17	26	43	15	7	12	7	10	159	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
1st Qtr	6-20	30%	0-5	00%	1-1	100%
2nd Qtr	5-9	56%	2-3	67%	2-4	50%
3rd Qtr	4-13	31%	0-7	00%	7-9	78%
4th Qtr	6-14	43%	0-6	00%	6-10	60%
1st Half	11-29	38%	2-8	25%	3-5	60%
2nd Half	10-27	37%	0-13	00%	13-19	68%
Game	21-56	37.5%	2-21	09.5%	16-24	66.7%

Deadball Rebounds: 6,0

Last FG: 4th-01:26

Biggest Run: 11-0

Largest lead: By 23 at 4th-01:26

Technical Fouls: None.

MICDS 41

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
04	HARRIS, LILY	*	5	2-8	0-1	1-2	1	2	3	3	1	3	1	1	31	-21
22	COOPER, LEXI	*	0	0-1	0-0	0-0	2	2	4	2	1	2	0	0	12	-7
24	HAYWOOD, JORDYN	*	22	9-24	0-5	4-6	1	4	5	5	0	5	2	1	27	-14
34	OBINEGBO, RIHA	*	10	2-7	0-0	6-6	1	1	2	2	0	4	0	2	28	-14
50	BROWN, LILY	*	2	1-2	0-0	0-3	3	6	9	3	1	1	0	0	27	-17
10	BISWELL, GIANNA		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	4	-4
12	SMITH, LAUREN		0	0-1	0-1	0-0	1	1	2	1	1	0	0	0	11	-10
14	PARKS, FALLON		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	3	0
20	SPECKHALS, KATHERINE		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	2	2
44	NEWMAN, KENNEDY		2	1-7	0-5	0-1	0	4	4	0	0	1	0	1	16	-10
	TEAM		0				4	2	6	0		0				
TOTALS			41	15-50	0-12	11-18	13	22	35	16	4	16	3	5	159	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
1st Qtr	3-10	30%	0-2	00%	3-4	75%
2nd Qtr	5-10	50%	0-2	00%	2-2	100%
3rd Qtr	3-14	21%	0-3	00%	5-9	56%
4th Qtr	4-16	25%	0-5	00%	1-3	33%
1st Half	8-20	40%	0-4	00%	5-6	83%
2nd Half	7-30	23%	0-8	00%	6-12	50%
Game	15-50	30.0%	0-12	00.0%	11-18	61.1%

Deadball Rebounds: 7,2

Last FG: 4th-00:20

Biggest Run: 4-0

Largest lead: By 4 at 1st-02:45

Technical Fouls: None.

Game Notes:

Officials:Kevin Humphrey, Eric Hawkins, William Dow

Attendance:1

Start Time:09:01 PM ET

End Time:10:22 PM ET

Game Duration:1:20

Neutral Court;

SCORE	1ST	2ND	3RD	4TH	TOT
LFL	13	14	15	18	60
MIC	9	12	11	9	41

LFL led for 24:19. MIC led for 6:33.

Game was tied for 0:52.

Times tied:2 Lead Changes:1

POINTS	LFL	MIC
In the Paint	32	22
Off Turns	13	10
2nd Chance	12	13
Fast Break	18	3
Bench	5	2
Per Poss	0.984 30/61	0.661 21/62

Official Box Score
Lift for Life vs MICDS
First Half Statistics Only
March 19, 2026 at Mizzou Arena - Columbia, MO

Lift for Life 27

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
02	HARRIS, ZHA'VIARA	*	8	4-12	0-4	0-0	2	1	3	1	2	3	0	4	16	6
03	POLK, DIAMOND	*	9	3-5	2-4	1-2	0	1	1	2	0	0	0	0	13	3
05	HARDIEWAY, CHASE	*	0	0-0	0-0	0-0	0	2	2	1	0	2	0	0	16	6
12	LAMPKINS, RYLEIGH		0	0-1	0-0	0-0	1	0	1	1	1	0	0	1	6	4
13	WHITTED, ANIYAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
21	BELL, KHYLA	*	5	2-4	0-0	1-1	2	1	3	0	0	1	0	0	10	2
22	ARCHIE, ZOEY		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
23	WILLIAMS, SKYLA		0	0-2	0-0	0-0	0	1	1	0	1	0	0	0	5	4
24	LENOX, RIAN	*	5	2-5	0-0	1-2	4	3	7	0	0	0	0	0	14	5
30	POE, AMIRAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
40	SYKES, SYRAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
	TEAM		0	0-0	0-0	0-0	1	0	1	0	0	0	0	0	0	0
TOTALS			27	11-29	2-8	3-5	10	9	19	5	4	6	0	5	80	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
1st Qtr	6-20	30%	0-5	00%	1-1	100%
2nd Qtr	5-9	56%	2-3	67%	2-4	50%
1st Half	11-29	38%	2-8	25%	3-5	60%
Game	21-56	37.5%	2-21	09.5%	16-24	66.7%

Deadball Rebounds: 6,0

Last FG Half: LFL 2nd-01:12

MICDS 21

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
04	HARRIS, LILY	*	0	0-1	0-0	0-0	0	1	1	1	0	2	1	1	16	-6
10	BISWELL, GIANNA		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
12	SMITH, LAUREN		0	0-1	0-1	0-0	1	0	1	0	1	0	0	0	7	-4
14	PARKS, FALLON		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
20	SPECKHALS, KATHERINE		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
22	COOPER, LEXI	*	0	0-0	0-0	0-0	0	1	1	0	0	2	0	0	4	-3
24	HAYWOOD, JORDYN	*	15	7-14	0-2	1-2	1	2	3	1	0	2	2	1	16	-6
34	OBINEGBO, RIHA	*	6	1-3	0-0	4-4	1	1	2	1	0	2	0	0	15	-3
44	NEWMAN, KENNEDY		0	0-1	0-1	0-0	0	1	1	0	0	0	0	1	6	-7
50	BROWN, LILY	*	0	0-0	0-0	0-0	0	3	3	1	1	1	0	0	15	-1
	TEAM		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
TOTALS			21	8-20	0-4	5-6	3	9	12	4	2	9	3	3	80	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
1st Qtr	3-10	30%	0-2	00%	3-4	75%
2nd Qtr	5-10	50%	0-2	00%	2-2	100%
1st Half	8-20	40%	0-4	00%	5-6	83%
Game	15-50	30.0%	0-12	00.0%	11-18	61.1%

Deadball Rebounds: 7,2

Last FG Half: MIC 2nd-00:05

Game Notes:

Officials:Kevin Humphrey, Eric Hawkins, William Dow

Attendance:1

Start Time:09:01 PM ET

End Time:10:22 PM ET

Game Duration:1:20

Neutral Court;

SCORE	1ST	2ND	3RD	4TH	TOT	POINTS FROM (THIS PERIOD)	LFL	MIC
LFL	13	14	15	18	60	In the Paint	16	12
MIC	9	12	11	9	41	Off Turns	8	8
						2nd Chance	6	6
						Fast Break	9	3
						Bench	0	0

Official Box Score
Lift for Life vs MICDS
First Quarter Statistics Only
March 19, 2026 at Mizzou Arena - Columbia, MO

Lift for Life 13

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
02	HARRIS, ZHA'VIARA	*	6	3-8	0-3	0-0	1	0	1	0	0	2	0	3	8	4
03	POLK, DIAMOND	*	0	0-2	0-2	0-0	0	0	0	2	0	0	0	0	7	-1
05	HARDIEWAY, CHASE	*	0	0-0	0-0	0-0	0	2	2	0	0	1	0	0	8	4
21	BELL, KHYLA	*	5	2-4	0-0	1-1	2	0	2	0	0	0	0	0	8	4
24	LENOX, RIAN	*	2	1-4	0-0	0-0	4	2	6	0	0	0	0	0	6	3
12	LAMPKINS, RYLEIGH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
13	WHITTED, ANIYAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
22	ARCHIE, ZOEY		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
23	WILLIAMS, SKYLA		0	0-2	0-0	0-0	0	1	1	0	1	0	0	0	3	6
30	POE, AMIRAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
40	SYKES, SYRAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
	TEAM						1	0	1	0		0				
TOTALS			13	6-20	0-5	1-1	8	5	13	2	1	3	0	3	40	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
1st Qtr	6-20	30%	0-5	00%	1-1	100%
2nd Qtr	5-9	56%	2-3	67%	2-4	50%
1st Half	6-20	30%	0-5	00%	1-1	100%
1st Half	11-29	38%	2-8	25%	3-5	60%
Game	21-56	37.5%	2-21	09.5%	16-24	66.7%

Deadball Rebounds: 6,0

MICDS 9

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
04	HARRIS, LILY	*	0	0-1	0-0	0-0	0	1	1	1	0	1	1	0	8	-4
22	COOPER, LEXI	*	0	0-0	0-0	0-0	0	1	1	0	0	2	0	0	4	-3
24	HAYWOOD, JORDYN	*	7	3-6	0-1	1-2	0	1	1	0	0	2	2	1	8	-4
34	OBINEGBO, RIHA	*	2	0-2	0-0	2-2	1	0	1	0	0	1	0	0	7	-1
50	BROWN, LILY	*	0	0-0	0-0	0-0	0	3	3	1	0	0	0	0	7	1
10	BISWELL, GIANNA		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
12	SMITH, LAUREN		0	0-1	0-1	0-0	1	0	1	0	1	0	0	0	3	-1
14	PARKS, FALLON		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
20	SPECKHALS, KATHERINE		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
44	NEWMAN, KENNEDY		0	0-0	0-0	0-0	0	0	0	0	0	0	0	1	2	-8
	TEAM						0	0	0	0		0				
TOTALS			9	3-10	0-2	3-4	2	6	8	2	1	6	3	2	40	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
1st Qtr	3-10	30%	0-2	00%	3-4	75%
2nd Qtr	5-10	50%	0-2	00%	2-2	100%
1st Half	3-10	30%	0-2	00%	3-4	75%
1st Half	8-20	40%	0-4	00%	5-6	83%
Game	15-50	30.0%	0-12	00.0%	11-18	61.1%

Deadball Rebounds: 7,2

Game Notes:

Officials:Kevin Humphrey, Eric Hawkins, William Dow
Attendance:1

Start Time:09:01 PM ET
End Time:10:22 PM ET
Game Duration:1:20
Neutral Court;

SCORE	1ST	2ND	3RD	4TH	TOT
LFL	13	14	15	18	60
MIC	9	12	11	9	41

POINTS (THIS PERIOD)	LFL	MIC
In the Paint	12	4
Off Turns	6	4
2nd Chance	4	4
Fast Break	9	3
Bench	0	0
Per Poss	0.867 7/15	0.563 5/16

**Official Play-By-Play
Lift for Life vs MICDS
First Quarter**

March 19, 2026 at Mizzou Arena - Columbia, MO

**Period 1
Starters:**

Lift for Life: 2 HARRIS,ZHA'VIARA; 3 POLK,DIAMOND; 5 HARDIEWAY,CHASE; 21 BELL,KHMYLA; 24 LENOX,RIAN;
MICDS: 4 HARRIS,LILY; 22 COOPER,LEXI; 24 HAYWOOD,JORDYN; 34 OBINEGBO,RIHA; 50 BROWN,LILY;

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
07:45		2-0	H 2	GOOD! JUMPER by HAYWOOD, JORDYN [PNT]
07:28	MISSED LAYUP by HARRIS, ZHA'VIARA			
07:24	REBOUND (OFF) by HARRIS, ZHA'VIARA			
07:23	TURNOVER (LOSTBALL) by HARRIS, ZHA'VIARA			
07:23				STEAL by HAYWOOD, JORDYN
07:19				MISSED LAYUP by OBINEGBO, RIHA
07:19				REBOUND (OFF) by OBINEGBO, RIHA
07:19	FOUL (PERSONAL) by POLK, DIAMOND			
07:19		3-0	H 3	GOOD! FT by OBINEGBO, RIHA [FB]
07:19		4-0	H 4	GOOD! FT by OBINEGBO, RIHA [FB]
07:04	MISSED 3PTR by POLK, DIAMOND			
06:59				REBOUND (DEF) by COOPER, LEXI
06:41				TURNOVER (BADPASS) by COOPER, LEXI
06:41	STEAL by HARRIS, ZHA'VIARA			
06:36	GOOD! LAYUP by HARRIS, ZHA'VIARA [FB]	4-2	H 2	
06:17				MISSED LAYUP by HARRIS, LILY
06:14	REBOUND (DEF) by HARDIEWAY, CHASE			
06:02	MISSED 3PTR by HARRIS, ZHA'VIARA			
05:57				REBOUND (DEF) by HAYWOOD, JORDYN
05:51				MISSED LAYUP by HAYWOOD, JORDYN
05:48	REBOUND (DEF) by LENOX, RIAN			
05:41	MISSED 3PTR by POLK, DIAMOND			
05:37				REBOUND (DEF) by HARRIS, LILY
05:18				MISSED LAYUP by OBINEGBO, RIHA
05:13	REBOUND (DEF) by HARDIEWAY, CHASE			
04:59	MISSED LAYUP by BELL, KHMYLA			
04:56	REBOUND (OFF) by LENOX, RIAN			
04:56	MISSED LAYUP by LENOX, RIAN			
04:56	REBOUND (OFF) by LENOX, RIAN			
04:56				SUB OUT: COOPER, LEXI
04:56				SUB IN: SMITH, LAUREN
04:54	TURNOVER (LOSTBALL) by HARDIEWAY, CHASE			
04:35		6-2	H 4	GOOD! LAYUP by HAYWOOD, JORDYN
04:16	MISSED JUMPER by HARRIS, ZHA'VIARA			
04:16				BLOCK by HARRIS, LILY
04:09				REBOUND (DEF) by BROWN, LILY
03:52				MISSED LAYUP by HAYWOOD, JORDYN
03:49	REBOUND (DEF) by LENOX, RIAN			
03:44	MISSED 3PTR by HARRIS, ZHA'VIARA			
03:37	REBOUND (OFF) by BELL, KHMYLA			
03:37	GOOD! JUMPER by BELL, KHMYLA	6-4	H 2	
03:28				TURNOVER (LOSTBALL) by OBINEGBO, RIHA
03:28	SUB OUT: LENOX, RIAN			
03:28	SUB IN: WILLIAMS, SKYLA			
03:15	MISSED JUMPER by WILLIAMS, SKYLA			
03:15				BLOCK by HAYWOOD, JORDYN
03:02	REBOUND (OFF) by BELL, KHMYLA			

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
03:02	MISSED JUMPER by BELL, KHMYLA			
03:00				REBOUND (DEF) by BROWN, LILY
02:53				MISSED 3PTR by HAYWOOD, JORDYN
02:50				REBOUND (OFF) by SMITH, LAUREN
02:45		8 - 4	H 4	GOOD! JUMPER by HAYWOOD, JORDYN
02:45				ASSIST by SMITH, LAUREN
02:29				FOUL (PERSONAL) by HARRIS, LILY
02:29				SUB OUT: OBINEGBO, RIHA
02:29				SUB IN: NEWMAN, KENNEDY
02:24	TURNOVER (BADPASS) by HARRIS, ZHA'VIARA			
02:24				STEAL by NEWMAN, KENNEDY
02:08				MISSED 3PTR by SMITH, LAUREN
02:03	REBOUND (DEF) by WILLIAMS, SKYLA			
02:01	GOOD! LAYUP by BELL, KHMYLA [FB]	8 - 6	H 2	
02:01	ASSIST by WILLIAMS, SKYLA			
02:01				FOUL (PERSONAL) by BROWN, LILY
02:01	GOOD! FT by BELL, KHMYLA [FB]	8 - 7	H 1	
01:54				TURNOVER (OUTOFBOUNDS) by HARRIS, LILY
01:49				SUB OUT: SMITH, LAUREN
01:49				SUB IN: OBINEGBO, RIHA
01:31	MISSED 3PTR by HARRIS, ZHA'VIARA			
01:31				REBOUND (DEF) by BROWN, LILY
01:24	FOUL (PERSONAL) by POLK, DIAMOND			
01:24				MISSED FT by HAYWOOD, JORDYN
01:24				REBOUND (DEADB) by TEAM
01:24	SUB OUT: POLK, DIAMOND			
01:24	SUB IN: LENOX, RIAN			
01:24				SUB OUT: BROWN, LILY
01:24				SUB IN: COOPER, LEXI
01:24		9 - 7	H 2	GOOD! FT by HAYWOOD, JORDYN [FB]
01:16	MISSED JUMPER by WILLIAMS, SKYLA			
01:12	REBOUND (OFF) by LENOX, RIAN			
01:12	GOOD! JUMPER by LENOX, RIAN	9 - 9	T	
00:51				TURNOVER (BADPASS) by COOPER, LEXI
00:51	STEAL by HARRIS, ZHA'VIARA			
00:46	GOOD! LAYUP by HARRIS, ZHA'VIARA [FB]	9 - 11	V 2	
00:32				TURNOVER (LOSTBALL) by HAYWOOD, JORDYN
00:32	STEAL by HARRIS, ZHA'VIARA			
00:28	GOOD! LAYUP by HARRIS, ZHA'VIARA [FB]	9 - 13	V 4	
00:10				TIMEOUT 30SEC
00:10				SUB OUT: COOPER, LEXI
00:10				SUB IN: BROWN, LILY
00:04				TURNOVER (TRAVEL) by HAYWOOD, JORDYN
00:01	MISSED JUMPER by LENOX, RIAN			
00:01				BLOCK by HAYWOOD, JORDYN
00:01	REBOUND (OFF) by LENOX, RIAN			
00:01	MISSED LAYUP by LENOX, RIAN			
00:01	REBOUND (OFF) by TEAM			

Lift for Life 13, MICDS 9

POINTS (THIS PERIOD)	LFL	MIC
In the Paint	12	4
Off Turns	6	4
2nd Chance	4	4
Fast Break	9	3
Bench	0	0
Per Poss	0.867 7/15	0.563 5/16

Official Box Score
Lift for Life vs MICDS
Second Quarter Statistics Only
March 19, 2026 at Mizzou Arena - Columbia, MO

Lift for Life 14

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
02	HARRIS, ZHA'VIARA	*	2	1-4	0-1	0-0	1	1	2	1	2	1	0	1	8	2
03	POLK, DIAMOND	*	9	3-3	2-2	1-2	0	1	1	0	0	0	0	0	6	4
05	HARDIEWAY, CHASE	*	0	0-0	0-0	0-0	0	0	0	1	0	1	0	0	8	2
21	BELL, KHYLA	*	0	0-0	0-0	0-0	0	1	1	0	0	1	0	0	2	-2
24	LENOX, RIAN	*	3	1-1	0-0	1-2	0	1	1	0	0	0	0	0	8	2
12	LAMPKINS, RYLEIGH		0	0-1	0-0	0-0	1	0	1	1	1	0	0	1	6	4
13	WHITTED, ANIYAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
22	ARCHIE, ZOEY		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
23	WILLIAMS, SKYLA		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	2	-2
30	POE, AMIRAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
40	SYKES, SYRAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
	TEAM						0	0	0	0		0				
TOTALS			14	5-9	2-3	2-4	2	4	6	3	3	3	0	2	40	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
3rd Qtr	4-13	31%	0-7	00%	7-9	78%
4th Qtr	6-14	43%	0-6	00%	6-10	60%
2nd Half	5-9	56%	2-3	67%	2-4	50%
2nd Half	10-27	37%	0-13	00%	13-19	68%
Game	21-56	37.5%	2-21	09.5%	16-24	66.7%

Deadball Rebounds: 6,0

MICDS 12

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
04	HARRIS, LILY	*	0	0-0	0-0	0-0	0	0	0	0	0	1	0	1	8	-2
22	COOPER, LEXI	*	0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
24	HAYWOOD, JORDYN	*	8	4-8	0-1	0-0	1	1	2	1	0	0	0	0	8	-2
34	OBINEGBO, RIHA	*	4	1-1	0-0	2-2	0	1	1	1	0	1	0	0	8	-2
50	BROWN, LILY	*	0	0-0	0-0	0-0	0	0	0	0	1	1	0	0	8	-2
10	BISWELL, GIANNA		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
12	SMITH, LAUREN		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	4	-3
14	PARKS, FALLON		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
20	SPECKHALS, KATHERINE		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
44	NEWMAN, KENNEDY		0	0-1	0-1	0-0	0	1	1	0	0	0	0	0	4	1
	TEAM						0	0	0	0		0				
TOTALS			12	5-10	0-2	2-2	1	3	4	2	1	3	0	1	40	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
3rd Qtr	3-14	21%	0-3	00%	5-9	56%
4th Qtr	4-16	25%	0-5	00%	1-3	33%
2nd Half	5-10	50%	0-2	00%	2-2	100%
2nd Half	7-30	23%	0-8	00%	6-12	50%
Game	15-50	30.0%	0-12	00.0%	11-18	61.1%

Deadball Rebounds: 7,2

Game Notes:

Officials:Kevin Humphrey, Eric Hawkins, William Dow
Attendance:1

Start Time:09:01 PM ET
End Time:10:22 PM ET
Game Duration:1:20
Neutral Court;

SCORE	1ST	2ND	3RD	4TH	TOT
LFL	13	14	15	18	60
MIC	9	12	11	9	41

POINTS (THIS PERIOD)	LFL	MIC
In the Paint	4	8
Off Turns	2	4
2nd Chance	2	2
Fast Break	0	0
Bench	0	0
Per Poss	1.167 6/12	0.923 6/13

Official Play - By - Play
Lift for Life vs MICDS
Second Quarter
March 19, 2026 at Mizzou Arena - Columbia, MO

Period 2

Starters:

Lift for Life: 2 HARRIS,ZHA'VIARA; 3 POLK,DIAMOND; 5 HARDIEWAY,CHASE; 21 BELL,KHMYLA; 24 LENOX,RIAN;

MICDS: 4 HARRIS,LILY; 22 COOPER,LEXI; 24 HAYWOOD,JORDYN; 34 OBINEGBO,RIHA; 50 BROWN,LILY;

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
07:52		11-13	V 2	GOOD! LAYUP by HAYWOOD, JORDYN
07:40	GOOD! JUMPER by HARRIS, ZHA'VIARA [PNT]	11-15	V 4	
07:13				MISSED JUMPER by HAYWOOD, JORDYN
07:08	REBOUND (DEF) by BELL, KHMYLA			
06:59	TURNOVER (LOSTBALL) by BELL, KHMYLA			
06:59				STEAL by HARRIS, LILY
06:51				MISSED LAYUP by HAYWOOD, JORDYN
06:47				REBOUND (OFF) by HAYWOOD, JORDYN
06:47		13-15	V 2	GOOD! JUMPER by HAYWOOD, JORDYN
06:21	MISSED 3PTR by HARRIS, ZHA'VIARA			
06:16				REBOUND (DEF) by OBINEGBO, RIHA
06:03	FOUL (PERSONAL) by HARDIEWAY, CHASE			
06:03	SUB OUT: BELL, KHMYLA			
06:03	SUB IN: LAMPKINS, RYLEIGH			
06:03				SUB OUT: NEWMAN, KENNEDY
06:03				SUB IN: SMITH, LAUREN
06:03	FOUL (PERSONAL) by HARRIS, ZHA'VIARA			
05:52				TURNOVER (LOSTBALL) by HARRIS, LILY
05:52	SUB OUT: WILLIAMS, SKYLA			
05:52	SUB IN: POLK, DIAMOND			
05:42	TURNOVER (LOSTBALL) by HARRIS, ZHA'VIARA			
04:57	FOUL (PERSONAL) by LAMPKINS, RYLEIGH			
04:57		14-15	V 1	GOOD! FT by OBINEGBO, RIHA
04:57		15-15	T	GOOD! FT by OBINEGBO, RIHA
04:45	GOOD! JUMPER by POLK, DIAMOND	15-17	V 2	
04:26				TURNOVER (LOSTBALL) by OBINEGBO, RIHA
04:26	STEAL by HARRIS, ZHA'VIARA			
04:21	MISSED LAYUP by HARRIS, ZHA'VIARA			
04:18	REBOUND (OFF) by LAMPKINS, RYLEIGH			
04:18	MISSED LAYUP by LAMPKINS, RYLEIGH			
04:15	REBOUND (OFF) by HARRIS, ZHA'VIARA			
04:10	GOOD! JUMPER by LENOX, RIAN	15-19	V 4	
04:10	ASSIST by HARRIS, ZHA'VIARA			
04:03				TIMEOUT 30SEC
03:33		17-19	V 2	GOOD! JUMPER by OBINEGBO, RIHA
03:26				FOUL (PERSONAL) by OBINEGBO, RIHA
03:26	MISSED FT by POLK, DIAMOND			
03:26	REBOUND (DEADB) by TEAM			
03:26	GOOD! FT by POLK, DIAMOND	17-20	V 3	
02:58				MISSED 3PTR by HAYWOOD, JORDYN
02:55	REBOUND (DEF) by LENOX, RIAN			
02:46				FOUL (PERSONAL) by HAYWOOD, JORDYN
02:46	GOOD! FT by LENOX, RIAN	17-21	V 4	
02:45	MISSED FT by LENOX, RIAN			
02:44				REBOUND (DEF) by HAYWOOD, JORDYN
02:30		19-21	V 2	GOOD! LAYUP by HAYWOOD, JORDYN [PNT]
02:16	GOOD! 3PTR by POLK, DIAMOND	19-24	V 5	

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
02:16	ASSIST by LAMPKINS, RYLEIGH			
01:54				TURNOVER (BADPASS) by BROWN, LILY
01:54	STEAL by LAMPKINS, RYLEIGH			
01:50	TURNOVER (BADPASS) by HARDIEWAY, CHASE			
01:50				SUB OUT: SMITH, LAUREN
01:50				SUB IN: NEWMAN, KENNEDY
01:26				MISSED JUMPER by HAYWOOD, JORDYN
01:23	REBOUND (DEF) by HARRIS, ZHA'VIARA			
01:12	GOOD! 3PTR by POLK, DIAMOND	19-27	V 8	
01:12	ASSIST by HARRIS, ZHA'VIARA			
00:56				MISSED 3PTR by NEWMAN, KENNEDY
00:51	REBOUND (DEF) by POLK, DIAMOND			
00:29	MISSED LAYUP by HARRIS, ZHA'VIARA			
00:26				REBOUND (DEF) by NEWMAN, KENNEDY
00:05		21-27	V 6	GOOD! JUMPER by HAYWOOD, JORDYN [PNT]
00:05				ASSIST by BROWN, LILY

Lift for Life 27, MICDS 21

POINTS (THIS PERIOD)	LFL	MIC
In the Paint	4	8
Off Turns	2	4
2nd Chance	2	2
Fast Break	0	0
Bench	0	0
Per Poss	1.167 6/12	0.923 6/13

Official Box Score
Lift for Life vs MICDS
Second Half Statistics Only
March 19, 2026 at Mizzou Arena - Columbia, MO

Lift for Life 33

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
02	HARRIS, ZHA'VIARA	*	8	2-6	0-1	4-7	0	2	2	3	1	0	1	2	8	17
03	POLK, DIAMOND	*	4	2-8	0-6	0-0	0	2	2	0	0	1	2	0	14	15
05	HARDIEWAY, CHASE	*	2	1-7	0-6	0-0	1	2	3	0	0	0	0	0	13	19
12	LAMPKINS, RYLEIGH		2	1-1	0-0	0-0	0	1	1	1	0	0	1	1	6	1
13	WHITTED, ANIYAH		0	0-0	0-0	0-0	0	0	0	0	0	1	0	0	1	-4
21	BELL, KHYMYLA	*	6	1-2	0-0	4-6	5	5	10	1	2	1	3	1	14	13
22	ARCHIE, ZOEY		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	3	0
23	WILLIAMS, SKYLA		3	1-1	0-0	1-2	0	1	1	2	0	1	0	0	7	1
24	LENOX, RIAN	*	8	2-2	0-0	4-4	0	4	4	2	0	2	0	1	11	11
30	POE, AMIRAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	1	-4
40	SYKES, SYRAH		0	0-0	0-0	0-0	0	0	0	1	0	0	0	0	1	-4
	TEAM		0	0-0	0-0	0-0	1	0	1	0	0	0	0	0	0	
TOTALS			33	10-27	0-13	13-19	7	17	24	10	3	6	7	5	79	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
3rd Qtr	4-13	31%	0-7	00%	7-9	78%
4th Qtr	6-14	43%	0-6	00%	6-10	60%
2nd Half	10-27	37%	0-13	00%	13-19	68%
Game	21-56	37.5%	2-21	09.5%	16-24	66.7%

Deadball Rebounds: 6,0

Last FG Half: LFL 4th-01:26

MICDS 20

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
04	HARRIS, LILY	*	5	2-7	0-1	1-2	1	1	2	2	1	1	0	0	15	-15
10	BISWELL, GIANNA		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	4	-4
12	SMITH, LAUREN		0	0-0	0-0	0-0	0	1	1	1	0	0	0	0	3	-6
14	PARKS, FALLON		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	3	0
20	SPECKHALS, KATHERINE		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	2	2
22	COOPER, LEXI	*	0	0-1	0-0	0-0	2	1	3	2	1	0	0	0	7	-4
24	HAYWOOD, JORDYN	*	7	2-10	0-3	3-4	0	2	2	4	0	3	0	0	11	-8
34	OBINEGBO, RIHA	*	4	1-4	0-0	2-2	0	0	0	1	0	2	0	2	12	-11
44	NEWMAN, KENNEDY		2	1-6	0-4	0-1	0	3	3	0	0	1	0	0	10	-3
50	BROWN, LILY	*	2	1-2	0-0	0-3	3	3	6	2	0	0	0	0	12	-16
	TEAM		0	0-0	0-0	0-0	4	2	6	0	0	0	0	0	0	
TOTALS			20	7-30	0-8	6-12	10	13	23	12	2	7	0	2	79	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
3rd Qtr	3-14	21%	0-3	00%	5-9	56%
4th Qtr	4-16	25%	0-5	00%	1-3	33%
2nd Half	7-30	23%	0-8	00%	6-12	50%
Game	15-50	30.0%	0-12	00.0%	11-18	61.1%

Deadball Rebounds: 7,2

Last FG Half: MIC 4th-00:20

Game Notes:

Officials:Kevin Humphrey, Eric Hawkins, William Dow

Attendance:1

Start Time:09:01 PM ET

End Time:10:22 PM ET

Game Duration:1:20

Neutral Court;

SCORE	1ST	2ND	3RD	4TH	TOT	POINTS FROM (THIS PERIOD)	LFL	MIC
LFL	13	14	15	18	60	In the Paint	16	10
MIC	9	12	11	9	41	Off Turns	5	2
						2nd Chance	6	7
						Fast Break	9	0
						Bench	5	2

Official Box Score
Lift for Life vs MICDS
Third Quarter Statistics Only
March 19, 2026 at Mizzou Arena - Columbia, MO

Lift for Life 33

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
02	HARRIS, ZHA'VIARA	*	5	1-3	0-1	3-5	0	2	2	3	1	0	1	1	5	9
03	POLK, DIAMOND	*	2	1-5	0-4	0-0	0	2	2	0	0	0	1	0	8	4
05	HARDIEWAY, CHASE	*	0	0-2	0-2	0-0	0	2	2	0	0	0	0	0	7	7
21	BELL, KHYLA	*	2	0-1	0-0	2-2	1	1	2	1	0	1	1	0	8	2
24	LENOX, RIAN	*	4	1-1	0-0	2-2	0	1	1	1	0	1	0	0	6	8
12	LAMPKINS, RYLEIGH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	3	-5
13	WHITTED, ANIYAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
22	ARCHIE, ZOEY		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
23	WILLIAMS, SKYLA		2	1-1	0-0	0-0	0	0	0	2	0	0	0	0	3	-5
30	POE, AMIRAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
40	SYKES, SYRAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
	TEAM						0	0	0	0		0				
TOTALS			15	4-13	0-7	7-9	1	8	9	7	1	2	3	1	40	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
2nd Half	0-0	0%	0-0	0%	0-0	0%
Game	21-56	37.5%	2-21	09.5%	16-24	66.7%

Deadball Rebounds: 6,0

MICDS 20

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
04	HARRIS, LILY	*	0	0-3	0-1	0-0	1	0	1	1	1	0	0	0	8	-4
22	COOPER, LEXI	*	0	0-0	0-0	0-0	0	1	1	2	0	0	0	0	4	-5
24	HAYWOOD, JORDYN	*	5	1-7	0-2	3-4	0	1	1	1	0	2	0	0	8	-4
34	OBINEGBO, RIHA	*	4	1-3	0-0	2-2	0	0	0	0	0	0	0	1	8	-4
50	BROWN, LILY	*	2	1-1	0-0	0-3	2	3	5	2	0	0	0	0	7	-6
10	BISWELL, GIANNA		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
12	SMITH, LAUREN		0	0-0	0-0	0-0	0	1	1	0	0	0	0	0	1	-1
14	PARKS, FALLON		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
20	SPECKHALS, KATHERINE		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	0	0
44	NEWMAN, KENNEDY		0	0-0	0-0	0-0	0	1	1	0	0	0	0	0	4	4
	TEAM						2	2	4	0		0				
TOTALS			11	3-14	0-3	5-9	5	9	14	6	1	2	0	1	40	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
2nd Half	0-0	0%	0-0	0%	0-0	0%
Game	15-50	30.0%	0-12	00.0%	11-18	61.1%

Deadball Rebounds: 7,2

Game Notes:

Officials:Kevin Humphrey, Eric Hawkins, William Dow

Attendance:1

Start Time:09:01 PM ET

End Time:10:22 PM ET

Game Duration:1:20

Neutral Court;

SCORE	1ST	2ND	3RD	4TH	TOT
LFL	13	14	15	18	60
MIC	9	12	11	9	41

POINTS (THIS PERIOD)	LFL	MIC
In the Paint	6	6
Off Turns	0	0
2nd Chance	0	3
Fast Break	4	0
Bench	2	0
Per Poss	0.833 8/18	0.733 6/15

Official Play-By-Play
Lift for Life vs MICDS
Third Quarter
March 19, 2026 at Mizzou Arena - Columbia, MO

Period 3

Starters:

Lift for Life: 2 HARRIS,ZHA'VIARA; 3 POLK,DIAMOND; 5 HARDIEWAY,CHASE; 21 BELL,KHMYLA; 24 LENOX,RIAN;

MICDS: 4 HARRIS,LILY; 22 COOPER,LEXI; 24 HAYWOOD,JORDYN; 34 OBINEGBO,RIHA; 50 BROWN,LILY;

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
08:00	SUB OUT: LAMPKINS, RYLEIGH			
08:00	SUB IN: BELL, KHMYLA			
08:00				SUB OUT: NEWMAN, KENNEDY
08:00				SUB IN: COOPER, LEXI
07:52	MISSED 3PTR by HARRIS, ZHA'VIARA			
07:47				REBOUND (DEF) by BROWN, LILY
07:44				TURNOVER (LOSTBALL) by HAYWOOD, JORDYN
07:44	STEAL by HARRIS, ZHA'VIARA			
07:40	MISSED LAYUP by HARRIS, ZHA'VIARA			
07:37				REBOUND (DEF) by BROWN, LILY
07:24				MISSED LAYUP by HARRIS, LILY
07:21	REBOUND (DEF) by LENOX, RIAN			
07:15	MISSED 3PTR by HARDIEWAY, CHASE			
07:12				REBOUND (DEF) by TEAM
07:01	TURNOVER (LOSTBALL) by LENOX, RIAN			
06:57	MISSED 3PTR by POLK, DIAMOND			
06:52				REBOUND (DEF) by BROWN, LILY
06:51	FOUL (PERSONAL) by HARRIS, ZHA'VIARA			
06:51		22-27	V 5	GOOD! FT by OBINEGBO, RIHA
06:51		23-27	V 4	GOOD! FT by OBINEGBO, RIHA
06:43				FOUL (PERSONAL) by COOPER, LEXI
06:43	MISSED FT by HARRIS, ZHA'VIARA			
06:43	REBOUND (DEADB) by TEAM			
06:43	GOOD! FT by HARRIS, ZHA'VIARA	23-28	V 5	
06:36				MISSED JUMPER by HAYWOOD, JORDYN
06:33	REBOUND (DEF) by BELL, KHMYLA			
06:29	GOOD! LAYUP by POLK, DIAMOND [PNT]	23-30	V 7	
06:17				MISSED 3PTR by HAYWOOD, JORDYN
06:15	REBOUND (DEF) by POLK, DIAMOND			
06:00	GOOD! LAYUP by LENOX, RIAN [PNT]	23-32	V 9	
06:00	ASSIST by HARRIS, ZHA'VIARA			
05:40				MISSED 3PTR by HARRIS, LILY
05:36	REBOUND (DEF) by POLK, DIAMOND			
05:32				FOUL (PERSONAL) by COOPER, LEXI
05:32	GOOD! FT by BELL, KHMYLA [FB]	23-33	V 10	
05:32	GOOD! FT by BELL, KHMYLA [FB]	23-34	V 11	
05:16				MISSED JUMPER by OBINEGBO, RIHA
05:13	REBOUND (DEF) by HARDIEWAY, CHASE			
05:00	GOOD! JUMPER by HARRIS, ZHA'VIARA	23-36	V 13	
05:00				FOUL (PERSONAL) by HARRIS, LILY
05:00				TIMEOUT TEAM
05:00				SUB OUT: COOPER, LEXI
05:00				SUB IN: SMITH, LAUREN
04:57	MISSED FT by HARRIS, ZHA'VIARA			
04:56				REBOUND (DEF) by HAYWOOD, JORDYN
04:50				MISSED LAYUP by HAYWOOD, JORDYN
04:50	BLOCK by HARRIS, ZHA'VIARA			

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
04:50				REBOUND (OFF) by TEAM
04:42	FOUL (PERSONAL) by HARRIS, ZHA'VIARA			
04:33				MISSED LAYUP by OBINEGBO, RIHA
04:33	BLOCK by BELL, KHMYLA			
04:31	REBOUND (DEF) by HARRIS, ZHA'VIARA			
04:31				FOUL (PERSONAL) by HAYWOOD, JORDYN
04:13	MISSED 3PTR by HARDIEWAY, CHASE			
04:08	REBOUND (OFF) by BELL, KHMYLA			
04:08	MISSED LAYUP by BELL, KHMYLA			
04:02				REBOUND (DEF) by SMITH, LAUREN
03:50				MISSED JUMPER by HAYWOOD, JORDYN
03:47	REBOUND (DEF) by HARRIS, ZHA'VIARA			
03:43				FOUL (PERSONAL) by BROWN, LILY
03:43	GOOD! FT by HARRIS, ZHA'VIARA [FB]	23-37	V 14	
03:43				SUB OUT: SMITH, LAUREN
03:43				SUB IN: NEWMAN, KENNEDY
03:43	GOOD! FT by HARRIS, ZHA'VIARA [FB]	23-38	V 15	
03:33				MISSED 3PTR by HAYWOOD, JORDYN
03:30				REBOUND (OFF) by HARRIS, LILY
03:30				MISSED LAYUP by HARRIS, LILY
03:30	BLOCK by POLK, DIAMOND			
03:30				REBOUND (OFF) by TEAM
03:27	FOUL (PERSONAL) by HARRIS, ZHA'VIARA			
03:27				MISSED FT by HAYWOOD, JORDYN
03:27				REBOUND (DEADB) by TEAM
03:27	SUB OUT: HARRIS, ZHA'VIARA			
03:27	SUB OUT: HARDIEWAY, CHASE			
03:27	SUB IN: LAMPKINS, RYLEIGH			
03:27	SUB IN: WILLIAMS, SKYLA			
03:27		24-38	V 14	GOOD! FT by HAYWOOD, JORDYN
02:57	MISSED 3PTR by POLK, DIAMOND			
02:54				REBOUND (DEF) by NEWMAN, KENNEDY
02:41	FOUL (PERSONAL) by WILLIAMS, SKYLA			
02:37				MISSED LAYUP by HAYWOOD, JORDYN
02:37				REBOUND (OFF) by BROWN, LILY
02:37		26-38	V 12	GOOD! LAYUP by BROWN, LILY
02:37	FOUL (PERSONAL) by LENOX, RIAN			
02:35				MISSED FT by BROWN, LILY
02:33				REBOUND (OFF) by BROWN, LILY
02:29	FOUL (PERSONAL) by WILLIAMS, SKYLA			
02:29				MISSED FT by BROWN, LILY
02:29				REBOUND (DEADB) by TEAM
02:29	SUB OUT: BELL, KHMYLA			
02:29	SUB IN: HARDIEWAY, CHASE			
02:28				MISSED FT by BROWN, LILY
02:27	REBOUND (DEF) by HARDIEWAY, CHASE			
02:15				FOUL (PERSONAL) by BROWN, LILY
02:15	GOOD! FT by LENOX, RIAN	26-39	V 13	
02:15	GOOD! FT by LENOX, RIAN	26-40	V 14	
02:15	SUB OUT: LENOX, RIAN			
02:15	SUB IN: BELL, KHMYLA			
01:57	FOUL (PERSONAL) by BELL, KHMYLA			
01:57		27-40	V 13	GOOD! FT by HAYWOOD, JORDYN
01:57		28-40	V 12	GOOD! FT by HAYWOOD, JORDYN
01:34	GOOD! LAYUP by WILLIAMS, SKYLA [PNT]	28-42	V 14	

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
01:16		30-42	V 12	GOOD! LAYUP by OBINEGBO, RIHA [PNT]
01:16				ASSIST by HARRIS, LILY
01:07	TIMEOUT TEAM			
01:07				SUB OUT: BROWN, LILY
01:07				SUB IN: COOPER, LEXI
00:49	MISSED 3PTR by POLK, DIAMOND			
00:45				REBOUND (DEF) by COOPER, LEXI
00:37		32-42	V 10	GOOD! LAYUP by HAYWOOD, JORDYN [PNT]
00:18	TURNOVER (BADPASS) by BELL, KHMYLA			
00:18				STEAL by OBINEGBO, RIHA
00:13				TURNOVER (LOSTBALL) by HAYWOOD, JORDYN
00:01	MISSED 3PTR by POLK, DIAMOND			
00:01				REBOUND (DEF) by TEAM

Lift for Life 42, MICDS 32

POINTS (THIS PERIOD)	LFL	MIC
In the Paint	6	6
Off Turns	0	0
2nd Chance	0	3
Fast Break	4	0
Bench	2	0
Per Poss	0.833 8/18	0.733 6/15

Official Box Score
Lift for Life vs MICDS
Fourth Quarter Statistics Only
March 19, 2026 at Mizzou Arena - Columbia, MO

Lift for Life 18

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
02	HARRIS, ZHA'VIARA	*	3	1-3	0-0	1-2	0	0	0	0	0	0	0	1	3	8
03	POLK, DIAMOND	*	2	1-3	0-2	0-0	0	0	0	0	0	1	1	0	6	11
05	HARDIEWAY, CHASE	*	2	1-5	0-4	0-0	1	0	1	0	0	0	0	0	6	12
21	BELL, KHYMYLA	*	4	1-1	0-0	2-4	4	4	8	0	2	0	2	1	6	11
24	LENOX, RIAN	*	4	1-1	0-0	2-2	0	3	3	1	0	1	0	1	5	3
12	LAMPKINS, RYLEIGH		2	1-1	0-0	0-0	0	1	1	1	0	0	1	1	3	6
13	WHITTED, ANIYAH		0	0-0	0-0	0-0	0	0	0	0	0	1	0	0	1	-4
22	ARCHIE, ZOEY		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	3	0
23	WILLIAMS, SKYLA		1	0-0	0-0	1-2	0	1	1	0	0	1	0	0	4	6
30	POE, AMIRAH		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	1	-4
40	SYKES, SYRAH		0	0-0	0-0	0-0	0	0	0	1	0	0	0	0	1	-4
	TEAM						1	0	1	0		0				
TOTALS			18	6-14	0-6	6-10	6	9	15	3	2	4	4	4	39	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
Game	21-56	37.5%	2-21	09.5%	16-24	66.7%

Deadball Rebounds: 6,0

MICDS 9

NO.	PLAYER	S	PTS	FG	3FG	FT	OR	DR	TR	PF	A	TO	BLK	STL	MIN	+/-
04	HARRIS, LILY	*	5	2-4	0-0	1-2	0	1	1	1	0	1	0	0	7	-11
22	COOPER, LEXI	*	0	0-1	0-0	0-0	2	0	2	0	1	0	0	0	3	1
24	HAYWOOD, JORDYN	*	2	1-3	0-1	0-0	0	1	1	3	0	1	0	0	3	-4
34	OBINEGBO, RIHA	*	0	0-1	0-0	0-0	0	0	0	1	0	2	0	1	4	-7
50	BROWN, LILY	*	0	0-1	0-0	0-0	1	0	1	0	0	0	0	0	5	-10
10	BISWELL, GIANNA		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	4	-4
12	SMITH, LAUREN		0	0-0	0-0	0-0	0	0	0	1	0	0	0	0	2	-5
14	PARKS, FALLON		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	3	0
20	SPECKHALS, KATHERINE		0	0-0	0-0	0-0	0	0	0	0	0	0	0	0	2	2
44	NEWMAN, KENNEDY		2	1-6	0-4	0-1	0	2	2	0	0	1	0	0	6	-7
	TEAM						2	0	2	0		0				
TOTALS			9	4-16	0-5	1-3	5	4	9	6	1	5	0	1	39	

Shooting By Period

PERIOD	FG	FG%	3FG	3FG%	FT	FT%
Game	15-50	30.0%	0-12	00.0%	11-18	61.1%

Deadball Rebounds: 7,2

Game Notes:

Officials:Kevin Humphrey, Eric Hawkins, William Dow

Attendance:1

Start Time:09:01 PM ET

End Time:10:22 PM ET

Game Duration:1:20

Neutral Court;

SCORE	1ST	2ND	3RD	4TH	TOT
LFL	13	14	15	18	60
MIC	9	12	11	9	41

POINTS (THIS PERIOD)	LFL	MIC
In the Paint	10	4
Off Turns	5	2
2nd Chance	6	4
Fast Break	5	0
Bench	3	2
Per Poss	1.125 9/16	0.529 5/17

Official Play - By - Play
Lift for Life vs MICDS
Fourth Quarter
March 19, 2026 at Mizzou Arena - Columbia, MO

Period 4
Starters:

Lift for Life: 2 HARRIS,ZHA'VIARA; 3 POLK,DIAMOND; 5 HARDIEWAY,CHASE; 21 BELL,KHMYLA; 24 LENOX,RIAN;
MICDS: 4 HARRIS,LILY; 22 COOPER,LEXI; 24 HAYWOOD,JORDYN; 34 OBINEGBO,RIHA; 50 BROWN,LILY;

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
08:00	SUB OUT: LAMPKINS, RYLEIGH			
08:00	SUB IN: LENOX, RIAN			
07:48				MISSED 3PTR by HAYWOOD, JORDYN
07:45	REBOUND (DEF) by WILLIAMS, SKYLA			
07:45	TURNOVER (LOSTBALL) by WILLIAMS, SKYLA			
07:45				STEAL by OBINEGBO, RIHA
07:43				MISSED 3PTR by NEWMAN, KENNEDY
07:38	REBOUND (DEF) by LENOX, RIAN			
07:24	MISSED 3PTR by HARDIEWAY, CHASE			
07:19	REBOUND (OFF) by BELL, KHMYLA			
07:19				FOUL (PERSONAL) by HAYWOOD, JORDYN
07:19	GOOD! FT by WILLIAMS, SKYLA	32-43	V 11	
07:19				SUB OUT: COOPER, LEXI
07:19				SUB IN: BROWN, LILY
07:18	MISSED FT by WILLIAMS, SKYLA			
07:17				REBOUND (DEF) by HAYWOOD, JORDYN
07:10	FOUL (PERSONAL) by LENOX, RIAN			
06:58				TURNOVER (BADPASS) by OBINEGBO, RIHA
06:58	STEAL by LENOX, RIAN			
06:57				FOUL (PERSONAL) by HAYWOOD, JORDYN
06:44	GOOD! LAYUP by LENOX, RIAN [PNT]	32-45	V 13	
06:44	ASSIST by BELL, KHMYLA			
06:23				TURNOVER (BADPASS) by HAYWOOD, JORDYN
06:23	STEAL by BELL, KHMYLA			
06:19				FOUL (PERSONAL) by OBINEGBO, RIHA
06:19	GOOD! FT by BELL, KHMYLA [FB]	32-46	V 14	
06:18	MISSED FT by BELL, KHMYLA			
06:17				REBOUND (DEF) by NEWMAN, KENNEDY
06:06				MISSED 3PTR by NEWMAN, KENNEDY
06:04				REBOUND (OFF) by TEAM
06:00				MISSED 3PTR by NEWMAN, KENNEDY
05:59				REBOUND (OFF) by TEAM
05:59		34-46	V 12	GOOD! LAYUP by HAYWOOD, JORDYN [PNT]
05:59	MISSED 3PTR by POLK, DIAMOND			
05:59	REBOUND (OFF) by HARDIEWAY, CHASE			
05:59	GOOD! LAYUP by HARDIEWAY, CHASE [PNT]	34-48	V 14	
05:17				MISSED LAYUP by HAYWOOD, JORDYN
05:17	BLOCK by BELL, KHMYLA			
05:12	REBOUND (DEF) by BELL, KHMYLA			
05:09	MISSED 3PTR by HARDIEWAY, CHASE			
05:06	REBOUND (OFF) by BELL, KHMYLA			
05:04	MISSED 3PTR by HARDIEWAY, CHASE			
05:02	REBOUND (OFF) by BELL, KHMYLA			
05:02				FOUL (PERSONAL) by HAYWOOD, JORDYN
05:02				SUB OUT: HAYWOOD, JORDYN
05:02				SUB IN: SMITH, LAUREN
05:02	MISSED FT by BELL, KHMYLA			

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
05:02	REBOUND (DEADB) by TEAM			
05:02	GOOD! FT by BELL, KHMYLA	34-49	V 15	
04:44				TURNOVER (TRAVEL) by OBINEGBO, RIHA
04:44	SUB OUT: HARDIEWAY, CHASE			
04:44	SUB OUT: BELL, KHMYLA			
04:44	SUB IN: HARRIS, ZHA'VIARA			
04:44	SUB IN: LAMPKINS, RYLEIGH			
04:44				SUB OUT: OBINEGBO, RIHA
04:44				SUB IN: COOPER, LEXI
04:29	TURNOVER (TRAVEL) by POLK, DIAMOND			
04:12				MISSED JUMPER by NEWMAN, KENNEDY
04:11	REBOUND (DEF) by LENOX, RIAN			
04:11				FOUL (PERSONAL) by HARRIS, LILY
04:11				SUB OUT: COOPER, LEXI
04:11				SUB IN: BISWELL, GIANNA
04:11	GOOD! FT by LENOX, RIAN [FB]	34-50	V 16	
04:11	SUB OUT: WILLIAMS, SKYLA			
04:11	SUB IN: HARDIEWAY, CHASE			
04:11	GOOD! FT by LENOX, RIAN [FB]	34-51	V 17	
04:11	SUB OUT: LENOX, RIAN			
04:11	SUB IN: BELL, KHMYLA			
03:51				MISSED JUMPER by HARRIS, LILY
03:51	BLOCK by LAMPKINS, RYLEIGH			
03:46	REBOUND (DEF) by LAMPKINS, RYLEIGH			
03:43	MISSED 3PTR by POLK, DIAMOND			
03:38				REBOUND (DEF) by NEWMAN, KENNEDY
03:36				TURNOVER (LOSTBALL) by NEWMAN, KENNEDY
03:36	STEAL by LAMPKINS, RYLEIGH			
03:31	GOOD! LAYUP by POLK, DIAMOND [PNT]	34-53	V 19	
03:31	ASSIST by BELL, KHMYLA			
03:16				MISSED JUMPER by HARRIS, LILY
03:13				REBOUND (OFF) by BROWN, LILY
03:12				MISSED LAYUP by BROWN, LILY
03:08	REBOUND (DEF) by BELL, KHMYLA			
03:01				FOUL (PERSONAL) by SMITH, LAUREN
03:01	MISSED FT by HARRIS, ZHA'VIARA			
03:01	REBOUND (DEADB) by TEAM			
03:01	SUB OUT: POLK, DIAMOND			
03:01	SUB IN: ARCHIE, ZOEY			
03:01				SUB OUT: SMITH, LAUREN
03:01				SUB OUT: NEWMAN, KENNEDY
03:01				SUB IN: PARKS, FALLON
03:01				SUB IN: OBINEGBO, RIHA
03:01	GOOD! FT by HARRIS, ZHA'VIARA	34-54	V 20	
02:54				TURNOVER (LOSTBALL) by HARRIS, LILY
02:54	STEAL by HARRIS, ZHA'VIARA			
02:51	MISSED LAYUP by HARRIS, ZHA'VIARA			
02:48				REBOUND (DEF) by HARRIS, LILY
02:44				MISSED LAYUP by OBINEGBO, RIHA
02:44	BLOCK by BELL, KHMYLA			
02:40	REBOUND (DEF) by BELL, KHMYLA			
02:38	GOOD! LAYUP by LAMPKINS, RYLEIGH [FB/PNT]	34-56	V 22	
02:25	FOUL (PERSONAL) by LAMPKINS, RYLEIGH			
02:25		35-56	V 21	GOOD! FT by HARRIS, LILY
02:25	SUB OUT: HARRIS, ZHA'VIARA			

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
02:25	SUB IN: WILLIAMS, SKYLA			
02:25				SUB OUT: BROWN, LILY
02:25				SUB IN: COOPER, LEXI
02:22				MISSED FT by HARRIS, LILY
02:21	REBOUND (DEF) by BELL, KHMYLA			
02:09	MISSED 3PTR by HARDIEWAY, CHASE			
02:06	REBOUND (OFF) by TEAM			
02:06	SUB OUT: LAMPKINS, RYLEIGH			
02:06	SUB OUT: WILLIAMS, SKYLA			
02:06	SUB IN: HARRIS, ZHA'VIARA			
02:06	SUB IN: POLK, DIAMOND			
02:06				SUB OUT: OBINEGBO, RIHA
02:06				SUB IN: SPECKHALS, KATHERINE
02:01	MISSED LAYUP by HARRIS, ZHA'VIARA			
01:56	REBOUND (OFF) by BELL, KHMYLA			
01:56	GOOD! JUMPER by BELL, KHMYLA	35-58	V 23	
01:45				MISSED JUMPER by COOPER, LEXI
01:45	BLOCK by POLK, DIAMOND			
01:41				REBOUND (OFF) by COOPER, LEXI
01:40		37-58	V 21	GOOD! LAYUP by HARRIS, LILY
01:40				ASSIST by COOPER, LEXI
01:26	GOOD! JUMPER by HARRIS, ZHA'VIARA	37-60	V 23	
01:26	SUB OUT: HARRIS, ZHA'VIARA			
01:26	SUB OUT: POLK, DIAMOND			
01:26	SUB OUT: HARDIEWAY, CHASE			
01:26	SUB OUT: BELL, KHMYLA			
01:26	SUB IN: WHITTED, ANIYAH			
01:26	SUB IN: LENOX, RIAN			
01:26	SUB IN: POE, AMIRAH			
01:26	SUB IN: SYKES, SYRAH			
01:17		39-60	V 21	GOOD! JUMPER by HARRIS, LILY
01:07	TURNOVER (TRAVEL) by WHITTED, ANIYAH			
01:07				SUB OUT: HARRIS, LILY
01:07				SUB IN: NEWMAN, KENNEDY
00:59				MISSED 3PTR by NEWMAN, KENNEDY
00:55	REBOUND (DEF) by LENOX, RIAN			
00:25	TURNOVER (3SEC) by LENOX, RIAN			
00:20		41-60	V 19	GOOD! JUMPER by NEWMAN, KENNEDY
00:20	FOUL (PERSONAL) by SYKES, SYRAH			
00:19				MISSED FT by NEWMAN, KENNEDY
00:16				REBOUND (OFF) by COOPER, LEXI

Lift for Life 60, MICDS 41

POINTS (THIS PERIOD)	LFL	MIC
In the Paint	10	4
Off Turns	5	2
2nd Chance	6	4
Fast Break	5	0
Bench	3	2
Per Poss	1.125 9/16	0.529 5/17

Official Scoring/Possession Reference Chart
Lift for Life vs MICDS
Period 1
March 19, 2026 at Mizzou Arena - Columbia, MO

Period 1

Starters:

Lift for Life: 2 HARRIS,ZHA'VIARA; 3 POLK,DIAMOND; 5 HARDIEWAY,CHASE; 21 BELL,KHMYLA; 24 LENOX,RIAN;

MICDS: 4 HARRIS,LILY; 22 COOPER,LEXI; 24 HAYWOOD,JORDYN; 34 OBINEGBO,RIHA; 50 BROWN,LILY;

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
07:45		2-0	H 2	GOOD! JUMPER by HAYWOOD, JORDYN [PNT]
07:19		3-0	H 3	GOOD! FT by OBINEGBO, RIHA [FB]
07:19		4-0	H 4	GOOD! FT by OBINEGBO, RIHA [FB]
06:36	GOOD! LAYUP by HARRIS, ZHA'VIARA [FB]	4-2	H 2	
04:35		6-2	H 4	GOOD! LAYUP by HAYWOOD, JORDYN
03:37	GOOD! JUMPER by BELL, KHMYLA	6-4	H 2	
02:45		8-4	H 4	GOOD! JUMPER by HAYWOOD, JORDYN
02:01	GOOD! LAYUP by BELL, KHMYLA [FB]	8-6	H 2	
02:01	GOOD! FT by BELL, KHMYLA [FB]	8-7	H 1	
01:24		9-7	H 2	GOOD! FT by HAYWOOD, JORDYN [FB]
01:12	GOOD! JUMPER by LENOX, RIAN	9-9	T	
00:46	GOOD! LAYUP by HARRIS, ZHA'VIARA [FB]	9-11	V 2	
00:28	GOOD! LAYUP by HARRIS, ZHA'VIARA [FB]	9-13	V 4	

Lift for Life 13, MICDS 9

Official Scoring/Possession Reference Chart
Lift for Life vs MICDS
Period 2
March 19, 2026 at Mizzou Arena - Columbia, MO

Period 2

Starters:

Lift for Life: 2 HARRIS,ZHA'VIARA; 3 POLK,DIAMOND; 5 HARDIEWAY,CHASE; 21 BELL,KHMYLA; 24 LENOX,RIAN;

MICDS: 4 HARRIS,LILY; 22 COOPER,LEXI; 24 HAYWOOD,JORDYN; 34 OBINEGBO,RIHA; 50 BROWN,LILY;

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
07:52		11-13	V 2	GOOD! LAYUP by HAYWOOD, JORDYN
07:40	GOOD! JUMPER by HARRIS, ZHA'VIARA [PNT]	11-15	V 4	
06:47		13-15	V 2	GOOD! JUMPER by HAYWOOD, JORDYN
04:57		14-15	V 1	GOOD! FT by OBINEGBO, RIHA
04:57		15-15	T	GOOD! FT by OBINEGBO, RIHA
04:45	GOOD! JUMPER by POLK, DIAMOND	15-17	V 2	
04:10	GOOD! JUMPER by LENOX, RIAN	15-19	V 4	
03:33		17-19	V 2	GOOD! JUMPER by OBINEGBO, RIHA
03:26	GOOD! FT by POLK, DIAMOND	17-20	V 3	
02:46	GOOD! FT by LENOX, RIAN	17-21	V 4	
02:30		19-21	V 2	GOOD! LAYUP by HAYWOOD, JORDYN [PNT]
02:16	GOOD! 3PTR by POLK, DIAMOND	19-24	V 5	
01:12	GOOD! 3PTR by POLK, DIAMOND	19-27	V 8	
00:05		21-27	V 6	GOOD! JUMPER by HAYWOOD, JORDYN [PNT]

Lift for Life 27, MICDS 21

Official Scoring/Possession Reference Chart
Lift for Life vs MICDS
Period 3
March 19, 2026 at Mizzou Arena - Columbia, MO

Period 3

Starters:

Lift for Life: 2 HARRIS,ZHA'VIARA; 3 POLK,DIAMOND; 5 HARDIEWAY,CHASE; 21 BELL,KHMYLA; 24 LENOX,RIAN;

MICDS: 4 HARRIS,LILY; 22 COOPER,LEXI; 24 HAYWOOD,JORDYN; 34 OBINEGBO,RIHA; 50 BROWN,LILY;

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
06:51		22-27	V 5	GOOD! FT by OBINEGBO, RIHA
06:51		23-27	V 4	GOOD! FT by OBINEGBO, RIHA
06:43	GOOD! FT by HARRIS, ZHA'VIARA	23-28	V 5	
06:29	GOOD! LAYUP by POLK, DIAMOND [PNT]	23-30	V 7	
06:00	GOOD! LAYUP by LENOX, RIAN [PNT]	23-32	V 9	
05:32	GOOD! FT by BELL, KHMYLA [FB]	23-33	V 10	
05:32	GOOD! FT by BELL, KHMYLA [FB]	23-34	V 11	
05:00	GOOD! JUMPER by HARRIS, ZHA'VIARA	23-36	V 13	
03:43	GOOD! FT by HARRIS, ZHA'VIARA [FB]	23-37	V 14	
03:43	GOOD! FT by HARRIS, ZHA'VIARA [FB]	23-38	V 15	
03:27		24-38	V 14	GOOD! FT by HAYWOOD, JORDYN
02:37		26-38	V 12	GOOD! LAYUP by BROWN, LILY
02:15	GOOD! FT by LENOX, RIAN	26-39	V 13	
02:15	GOOD! FT by LENOX, RIAN	26-40	V 14	
01:57		27-40	V 13	GOOD! FT by HAYWOOD, JORDYN
01:57		28-40	V 12	GOOD! FT by HAYWOOD, JORDYN
01:34	GOOD! LAYUP by WILLIAMS, SKYLA [PNT]	28-42	V 14	
01:16		30-42	V 12	GOOD! LAYUP by OBINEGBO, RIHA [PNT]
00:37		32-42	V 10	GOOD! LAYUP by HAYWOOD, JORDYN [PNT]

Lift for Life 42, MICDS 32

Official Scoring/Possession Reference Chart
Lift for Life vs MICDS
Period 4
March 19, 2026 at Mizzou Arena - Columbia, MO

Period 4

Starters:

Lift for Life: 2 HARRIS,ZHA'VIARA; 3 POLK,DIAMOND; 5 HARDIEWAY,CHASE; 21 BELL,KHMYLA; 24 LENOX,RIAN;

MICDS: 4 HARRIS,LILY; 22 COOPER,LEXI; 24 HAYWOOD,JORDYN; 34 OBINEGBO,RIHA; 50 BROWN,LILY;

TIME	VISITORS: LIFT FOR LIFE	SCORE	MARGIN	HOME: MICDS
07:19	GOOD! FT by WILLIAMS, SKYLA	32-43	V 11	
06:44	GOOD! LAYUP by LENOX, RIAN [PNT]	32-45	V 13	
06:19	GOOD! FT by BELL, KHMYLA [FB]	32-46	V 14	
05:59		34-46	V 12	GOOD! LAYUP by HAYWOOD, JORDYN [PNT]
05:59	GOOD! LAYUP by HARDIEWAY, CHASE [PNT]	34-48	V 14	
05:02	GOOD! FT by BELL, KHMYLA	34-49	V 15	
04:11	GOOD! FT by LENOX, RIAN [FB]	34-50	V 16	
04:11	GOOD! FT by LENOX, RIAN [FB]	34-51	V 17	
03:31	GOOD! LAYUP by POLK, DIAMOND [PNT]	34-53	V 19	
03:01	GOOD! FT by HARRIS, ZHA'VIARA	34-54	V 20	
02:38	GOOD! LAYUP by LAMPKINS, RYLEIGH [FB/PNT]	34-56	V 22	
02:25		35-56	V 21	GOOD! FT by HARRIS, LILY
01:56	GOOD! JUMPER by BELL, KHMYLA	35-58	V 23	
01:40		37-58	V 21	GOOD! LAYUP by HARRIS, LILY
01:26	GOOD! JUMPER by HARRIS, ZHA'VIARA	37-60	V 23	
01:17		39-60	V 21	GOOD! JUMPER by HARRIS, LILY
00:20		41-60	V 19	GOOD! JUMPER by NEWMAN, KENNEDY

Lift for Life 60, MICDS 41

**Official Substitutions Log
Lift for Life vs MICDS
Period 1**

March 19, 2026 at Mizzou Arena - Columbia, MO

VISITORS: LIFT FOR LIFE	TIME	SCORE	HOME: MICDS
2 HARRIS,ZHA'VIARA			4 HARRIS,LILY
3 POLK,DIAMOND			22 COOPER,LEXI
5 HARDIEWAY,CHASE			24 HAYWOOD,JORDYN
21 BELL,KHMYLA			34 OBINEGBO,RIHA
24 LENOX,RIAN			50 BROWN,LILY
	04:56	2-4	SUB OUT: COOPER,LEXI
	04:56		SUB IN: SMITH,LAUREN
SUB OUT: 24 LENOX,RIAN	03:28	4-6	
SUB IN: 23 WILLIAMS,SKYLA	03:28		
	02:29	4-8	SUB OUT: OBINEGBO,RIHA
	02:29		SUB IN: NEWMAN,KENNEDY
	01:49	7-8	SUB OUT: SMITH,LAUREN
	01:49		SUB IN: OBINEGBO,RIHA
SUB OUT: 3 POLK,DIAMOND	01:24	7-8	
SUB IN: 24 LENOX,RIAN	01:24		
	01:24		SUB OUT: BROWN,LILY
	01:24		SUB IN: COOPER,LEXI
	00:10	13-9	SUB OUT: COOPER,LEXI
	00:10		SUB IN: BROWN,LILY

Lift for Life 13, MICDS 9

Official Substitutions Log

Lift for Life vs MICDS

Period 2

March 19, 2026 at Mizzou Arena - Columbia, MO

VISITORS: LIFT FOR LIFE	TIME	SCORE	HOME: MICDS
2 HARRIS,ZHA'VIARA			4 HARRIS,LILY
3 POLK,DIAMOND			22 COOPER,LEXI
5 HARDIEWAY,CHASE			24 HAYWOOD,JORDYN
21 BELL,KHMYLA			34 OBINEGBO,RIHA
24 LENOX,RIAN			50 BROWN,LILY
SUB OUT: 21 BELL,KHMYLA	06:03	15-13	
SUB IN: 12 LAMPKINS,RYLEIGH	06:03		
	06:03		SUB OUT: NEWMAN,KENNEDY
	06:03		SUB IN: SMITH,LAUREN
SUB OUT: 23 WILLIAMS,SKYLA	05:52	15-13	
SUB IN: 3 POLK,DIAMOND	05:52		
	01:50	24-19	SUB OUT: SMITH,LAUREN
	01:50		SUB IN: NEWMAN,KENNEDY

Lift for Life 27, MICDS 21

**Official Substitutions Log
Lift for Life vs MICDS
Period 3**

March 19, 2026 at Mizzou Arena - Columbia, MO

VISITORS: LIFT FOR LIFE	TIME	SCORE	HOME: MICDS
2 HARRIS,ZHA'VIARA			4 HARRIS,LILY
3 POLK,DIAMOND			22 COOPER,LEXI
5 HARDIEWAY,CHASE			24 HAYWOOD,JORDYN
21 BELL,KHMYLA			34 OBINEGBO,RIHA
24 LENOX,RIAN			50 BROWN,LILY
SUB OUT: 12 LAMPKINS,RYLEIGH	08:00	-	
SUB IN: 21 BELL,KHMYLA	08:00		
	08:00		SUB OUT: NEWMAN,KENNEDY
	08:00		SUB IN: COOPER,LEXI
	05:00	36-23	SUB OUT: COOPER,LEXI
	05:00		SUB IN: SMITH,LAUREN
	03:43	37-23	SUB OUT: SMITH,LAUREN
	03:43		SUB IN: NEWMAN,KENNEDY
SUB OUT: 2 HARRIS,ZHA'VIARA	03:27	38-23	
SUB OUT: 5 HARDIEWAY,CHASE	03:27		
SUB IN: 12 LAMPKINS,RYLEIGH	03:27		
SUB IN: 23 WILLIAMS,SKYLA	03:27		
SUB OUT: 21 BELL,KHMYLA	02:29	38-26	
SUB IN: 5 HARDIEWAY,CHASE	02:29		
SUB OUT: 24 LENOX,RIAN	02:15	40-26	
SUB IN: 21 BELL,KHMYLA	02:15		
	01:07	42-30	SUB OUT: BROWN,LILY
	01:07		SUB IN: COOPER,LEXI

Lift for Life 42, MICDS 32

**Official Substitutions Log
Lift for Life vs MICDS
Period 4**

March 19, 2026 at Mizzou Arena - Columbia, MO

VISITORS: LIFT FOR LIFE	TIME	SCORE	HOME: MICDS
2 HARRIS,ZHA'VIARA			4 HARRIS,LILY
3 POLK,DIAMOND			22 COOPER,LEXI
5 HARDIEWAY,CHASE			24 HAYWOOD,JORDYN
21 BELL,KHMYLA			34 OBINEGBO,RIHA
24 LENOX,RIAN			50 BROWN,LILY
SUB OUT: 12 LAMPKINS,RYLEIGH	08:00	-	
SUB IN: 24 LENOX,RIAN	08:00		
	07:19	43-32	SUB OUT: COOPER,LEXI
	07:19		SUB IN: BROWN,LILY
	05:02	48-34	SUB OUT: HAYWOOD,JORDYN
	05:02		SUB IN: SMITH,LAUREN
SUB OUT: 5 HARDIEWAY,CHASE	04:44	49-34	
SUB OUT: 21 BELL,KHMYLA	04:44		
SUB IN: 2 HARRIS,ZHA'VIARA	04:44		
SUB IN: 12 LAMPKINS,RYLEIGH	04:44		
	04:44		SUB OUT: OBINEGBO,RIHA
	04:44		SUB IN: COOPER,LEXI
	04:11	49-34	SUB OUT: COOPER,LEXI
	04:11		SUB IN: BISWELL,GIANNA
SUB OUT: 23 WILLIAMS,SKYLA	04:11		
SUB IN: 5 HARDIEWAY,CHASE	04:11		
SUB OUT: 24 LENOX,RIAN	04:11		
SUB IN: 21 BELL,KHMYLA	04:11		
SUB OUT: 3 POLK,DIAMOND	03:01	53-34	
SUB IN: 22 ARCHIE,ZOEY	03:01		
	03:01		SUB OUT: SMITH,LAUREN
	03:01		SUB OUT: NEWMAN,KENNEDY
	03:01		SUB IN: PARKS,FALLON
	03:01		SUB IN: OBINEGBO,RIHA
SUB OUT: 2 HARRIS,ZHA'VIARA	02:25	56-35	
SUB IN: 23 WILLIAMS,SKYLA	02:25		
	02:25		SUB OUT: BROWN,LILY
	02:25		SUB IN: COOPER,LEXI
SUB OUT: 12 LAMPKINS,RYLEIGH	02:06	56-35	
SUB OUT: 23 WILLIAMS,SKYLA	02:06		
SUB IN: 2 HARRIS,ZHA'VIARA	02:06		
SUB IN: 3 POLK,DIAMOND	02:06		
	02:06		SUB OUT: OBINEGBO,RIHA
	02:06		SUB IN: SPECKHALS,KATHERINE
SUB OUT: 2 HARRIS,ZHA'VIARA	01:26	60-37	
SUB OUT: 3 POLK,DIAMOND	01:26		
SUB OUT: 5 HARDIEWAY,CHASE	01:26		
SUB OUT: 21 BELL,KHMYLA	01:26		
SUB IN: 13 WHITTED,ANIYAH	01:26		
SUB IN: 24 LENOX,RIAN	01:26		
SUB IN: 30 POE,AMIRAH	01:26		
SUB IN: 40 SYKES,SYRAH	01:26		
	01:07	60-39	SUB OUT: HARRIS,LILY
	01:07		SUB IN: NEWMAN,KENNEDY

Lift for Life 60, MICDS 41

